

## MONDAY

**Beef Stroganoff**

In Creamy Gravy  
served over  
Buttered Noodles

Glazed Herb Carrot  
Spears

**Three Cheese  
Rigatoni Bake**

**Italian Wedding  
Soup**

## TUESDAY

**Crispy Roast Chicken  
Quarters**

Hearty Sweet  
Smashed Potatoes

Sautéed  
Garlic Broccoli

**Grilled Vegetable &  
Feta Flatbread**

## WEDNESDAY

**Primavera Style  
Penne with Sausage**

Served in Rich  
Tomato & Pepper  
Coulis

Rustic Tomato, Olive  
& Cucumber

**Vegetable & Cheese  
Quiche**

**Chicken Noodle  
Soup**

## THURSDAY

**Back to the 70s  
Turkey Meatloaf**

Hearty Sweet  
Smashed Potato,  
Rich Gravy &

Steamed Sweet  
Corn

**5 Grain Stuffed  
Peppers**

## FRIDAY

**Pan Seared  
Pork Chops**

Medley of Oven  
Roasted Root  
Vegetables &  
Sprouts in Apple  
Cider

**Baked Potato Bar  
With All the Fixings**

**Creamy Tomato**